

**Vision 2020 Quality of Life
Healthcare Committee Meeting Notes
June 19, 2008**

A special meeting of the Healthcare Committee was called on June 19, 2008, at 12:00 a.m. at the Fellowship Hall of the First Christian Church. There were approximately 30 people in attendance in healthcare-related fields with Committee Leader Tara Watson presiding.

Tara Watson opened the meeting with a welcome and a brief explanation of what Vision 2020 is and what we hoped to accomplish today. Tara shared the ideas the Healthcare Committee has previously suggested to provide healthcare education and information to students and their families, with emphasis on the underprivileged. These were as follows:

- Working with the media to create awareness and educate the public on the many healthcare services that are available in our community. The Lufkin Daily News has agreed to run a weekly story on a different facility each week and the Healthcare Committee will provide the contact information to the newspaper in order to contact and interview each organization. This could also be done on television
- Join forces with health fairs that are already being done to take them into the communities to a safe location such as churches, community facilities, and schools.
- Add fitness regimens to each of our public parks that continue from park to park at various levels of ability.
- PSA's on the radio to reach the public.
- Form a speaker's bureau to take the information into the communities. These would be credible and trusted role models that students and parents would listen to.
- Create a slogan such as "Live Lufkin" and use this on arm bracelets.
- Form alliances to make these things happen.

Introductions were made around the room, and the meeting was then open to discussion to find out what programs are already in place within the represented companies/organizations to reach both students and their families with healthcare education. Some of these are:

- "Stewards of Children" program offered by Angelina Alliance for Children needs a facilitator in as many locations as possible.
- Making our public parks tobacco free is a major issue headed by The Coalition. They need the support of the citizens in order to make changes in our current ordinances through the City Council.

- “Better Living for Texans” is a program offered by the County Extension Service for education on food safety, nutrition, etc.
- “Abstinence Plus” is a program provided to our public schools through SHAC.
- FCCLA (used to be the FHA)
- The Mosaic Center offers a health component to their clients that provides an assessment of their physical and emotional well being.
- Pay check stuffers were suggested as a way to reach the adults. The Coalition has had success with this.
- Providing all written literature in English and Spanish.
- Jerry Spann’s organization sees over 200 families per day and would gladly provide Vision 2020’s healthcare information to them.
- Health clinic is going to be established at the Lufkin Middle School. A physician’s assistant will be there, as well as a behavioral and mental health specialist. There will be coordination with Memorial Health System for X-rays, etc. The clinic will be located in a portable building that is now available. The hours will be from 6:00 a.m. – 6:00 p.m.. They will also be partnering with a pharmacy.
- Channel 1 available at the schools may be another source of providing information on healthcare.
- Channel 15, the Public Service Station, could be another vehicle for providing healthcare information.
- Angelina County & Cities Health District has help assemblies at the middle schools called “It’s a Girl Thing” for the female students and they were very successful. They are planning do to similar assemblies for the boys.

Attendees were encouraged to fill out Vision Partner Invitation forms and to visit the Vision 2020 website for more information at www.angelinacountyvision2020.com. The regular meetings of this committee are held on the 3rd Friday of the month at 9:00 a.m. at the Lufkin/Angelina Chamber of Commerce. Attendees were invited to attend the next meeting on July 18th.

The meeting was dismissed at 1:00 p.m.